



Speak Up, Epping! Newsletter

Volume 9, Issue 3

Epping, New Hampshire

May-June, 2016

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

Outside Watering Ban in Epping

There is still a mandatory outside watering ban in effect in Epping. Epping town wells are currently at critically low levels and water conservation is very important. The Town is working hard to bring two new wells online.

End 68 Hours of Hunger in Epping

The Epping End 68 Hours of Hunger program has just completed the fourth month of providing backpacks of food to the Epping school kids. We are currently feeding 23 kids across all three schools. Each bag contains a minimum of 3 dinners, 2 lunches, 2 breakfasts, vegetables, fruits, and 4 snacks. We are now able to provide a fresh fruit or vegetable in each bag each weekend.

The months of March and April were great food collections months for us!!! Our shelves were getting low and the community and schools really helped restock our shelves! We would like to thank The Rockingham Nursing Home, Elementary 4th and 5th grades along with the National Honor Society, the 8th Grade class, High School Spanish class, Middle/High School band concert, Epping Senior Group, and the Elementary Artist in Residence night.

In April we had a fun paint night fundraiser at The Off Beat Owl in Exeter. We would like to especially thank Epping General Dentistry who almost brought the whole staff! We would also like to give a huge thank you to Greg & Jane's Beer and Wine for donating 16 bottles of wine for our raffle! We raised \$800 that night which is a month's worth of backpacks of food.

We are currently running an online plant sale with *Three Rivers Wreath & Plant Company* to benefit our program. Our group will earn 50% profit from this fundraiser for every item!! And 100% of money raised goes directly toward purchasing food. Every little bit makes a difference. All of the plants are available online: <http://store.3rwc.com/end-68-hours-of-hunger/>. Items purchased online will be shipped directly to you or your requested recipient(s). **Orders will begin shipping May 1st and the last day to place an order is May 15th.** A flat shipping charge of \$10 will be charged per order. Orders can be delivered in time for Mother's day with a gift message.

Thank you to our great Epping community for supporting our program and our local kids! Contact us at eppingnh@end68hoursofhunger.org.

Karen Poplaski and Shannon Garwich, Coordinators

Family Health and Fun Day in Epping

A free Family Health and Fun Day is being hosted for the public at Epping Regional Health Center on **Saturday, May 7th** from 9:00 am to

noon. Events include a teddy bear clinic, free health screenings, fun activities and a free raffle.

For the teddy bear clinic, children are invited to bring their favorite doll or stuffed animal for a check-up with pediatricians of Core Pediatric and Adolescent Medicine. Balloon animals and face painting will be offered, along with free child ID kits from Epping Police. An obstacle course and craft area will be set up in the state-of-the-art pediatric rehab gym, hosted by Exeter Hospital's pediatric rehabilitation therapists.

Free hearing, vision and scoliosis screenings are being offered for children and free blood pressure screenings for adults, along with the opportunity to meet adult primary care and pediatric providers and pediatric dental providers.

Free demonstrations will be offered for infant massage by Exeter Hospital, acupuncture with Core Acupuncture's Kenji Fukunaga and CPR with instructor Mike Hall. Tours of the mammography van will be offered, along with fun activities by the Athletic Performance Center.

The free raffle will include gift certificates to the Holy Grail, Hammersmith Sandwich Company, Telly's Restaurant, Take Flight, Canobie Lake Park, Stillwell's and Orange Leaf.

For more information visit exeterhospital.com or call 580-6668.

Senior Moments

The April meeting of the Epping Watson Academy Senior Citizens Club hosted Ray from "Community House Calls." He demonstrated several gizmos and gadgets that we can use to make our homes safer and our everyday lives more convenient. We were grateful though that he did not introduce us to any more electronic gadgets. The TV remote and the garage door opener are pretty much all we can handle, although our kids do keep reprogramming our cell phones.

The NH Fish and Game fellas will visit us in May. They want to show us how the State is protecting our wildlife and how we can help. Like Jane Kelly who recently demonstrated her care of the predator birds, these issues are really important to us.

Our visit to the Cheese Farm in Amesbury, MA was extremely interesting, including lunch. We all shared the thought about city kids who might never wonder where their cheese sticks came from.

Some upcoming trips are to the Alpaca Farm in Barrington in May and back to the Butterfly Place in June. Our annual picnic will have a new

venue this year. We're headed to Rye Harbor in June. Our day at the Fisher Cat's ball game in August has now become an annual event for us along with the Recreation kids.

We extend congratulations to the Library Trustees and others who conducted a major clean-up at our library. Thanks!

Our April meeting was special as we helped member Barbara Sherwood celebrate her 90th BIRTHDAY! YES - 90! She is one of the original members of our club born in 1999. She is always such an inspiration to us all.

It seems more and more often we seniors receive profound information from our younger generation. It happened again and here are a few words from Their Dictionary:

AVOIDABLE: (*What a bullfighter tries to do*).

HEROES: (*What a guy in a boat does*).

SELFISH: (*what a seafood store owner does*)

Who thinks of these things and where can we buy that book?

Once again, remember we meet the second Thursday of each month in The Watson at 1:00 pm. You won't find us there in July. The kids with the dictionary will be there though.

Have a great Summer!

Submitted by Irene R. Cote, Secretary

275th Birthday Bash Committee

Epping to Celebrate 275 years 1741-2016

It's the 275th Anniversary of the incorporation of Epping as a town.

For the 275th Birthday Bash May event, the Civil War Roundtable will celebrate its 25th anniversary at the Epping Town Hall at 7:00 pm on **May 20th**. "The Hardtacks," a Civil War band, will play music from that era. Donations are welcome.

On **June 11th** there will be a Progressive Dinner hosted by the churches of Epping. The dinner will start with appetizers at the Friends Meeting House in West Epping. From there the guests will travel to the Provident Baptist Church on Route 27 at the Raymond line for a salad. Then on to the Epping Baptist Church on Route 27 in West Epping for soups. St. Joseph Catholic Church will serve the entree before the guests move to the Epping Community Church at the corner of Pleasant and Main Streets for a concert followed by a dessert of strawberry shortcake.

Tickets are \$5.00 and are available at the Epping Town Hall. 100 tickets will be sold. There will be bus transportation from the Town Hall at 2:45 pm.

The 275th Birthday Bash Committee will be holding a Craft Fair on Saturday, August 20th, 9:00 am-3:00 pm in the Middle School Gym. If you would like to rent a table, the cost is \$10 for a space approximately 8x6, plus a donated item to be raffled. The table vendors should all be different, so do your craft shopping. Buy local!

All proceeds are to benefit the 275th Birthday Bash Committee. The money raised will be used to purchase fireworks for the Town of Epping.

To rent your space please call 679-2733 or e-mail kenbethd@comcast.net.

Please start getting ideas for your organization's float and/or marching unit for the parade on **August 20th**. We also would like to see decorated baby carriages, strollers, wagons and bicycles.

The residents put together a really great parade for the 250th celebration. Let's better it this year for our 275th birthday. There are a lot of new residents in Epping since 1991. Let's see if we can all get together and show the surrounding communities how much community spirit we have. For more information call 396-9436. To volunteer call the Town Hall at 679-5441 or Cliff at 396-9436. Our meetings are the 3rd Tuesday of each month at the Town Hall

275th Birthday items for sale at the Town Hall

Birthday Pottery Mugs are for sale for \$15, Matching Plates are \$20. "Epping Air" soy candles are \$15. Epping 275th key chains are for sale for the amazing low price of \$5. T-shirts are available in two colors, Royal and Sky Blue, and two sizes, \$15 Adult and \$12 Youth. Town Flags are \$50. All are being sold from the Selectmen's Office at the Town Hall.

T-shirts and Flag



Submitted by Cliff Cray

News From the Town

Upcoming dates:

May 20th – Civil War Roundtable's 20th Birthday

May 30th – Town Hall closed for Memorial Day

May 30th – Memorial Day Parade

June 11th – Town Progressive Dinner

July 4th – Town Hall closed

Please "LIKE" the Epping Town Hall on Facebook.

In and Around Epping

The property next to Telly's has been to the Planning Board for review. They are looking to have an indoor storage facility, car wash, and retail building. There is also going to be a propane facility on Shirking Road and two subdivisions are before the Board as well. As for fitness businesses, we will have many: we have CrossFit, Yoga Studio, 9 Rounds (in the Brickyard) and a gym called The Zoo was approved next to the Dollar Tree.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For eight years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club

<https://www.facebook.com/EppingsLionsClub>

www.epping.nhlions.org

The Epping Lions Club was chartered in April 2009. We support sight programs and services including vision screenings, eyeglass recycling, and provide assistance to local families in need of eyeglasses. We also support community programs and are currently doing another round of vision testing at the Epping schools. This year 555 kids have been vision-screened so far!

2016 marks the seventh year that the Epping Lions Club has run the Lamprey River Canoe Race. The Club is excited to continue the race tradition year after year. Race results will be listed on the Club website www.epping.nhlions.org.

The 2016 Canoe Race took place this year on Saturday, April 23rd. Participants gathered at Mary Folsom Blair Park on Rt. 27 under cloudy skies and registered for the event. After a brief rain shower, the race began at 9 am. 50 boats registered for the morning race. Prizes were awarded for first, second and third place in each of the following categories: Male Solo Kayak, Female Solo Kayak and 2-Person Canoe. There was a single entrant in the Female Solo category this year, so she took top honors! Prizes were awarded at the finish line and included generous donations from local businesses. Commemorative T-shirts were for sale this year. Across the back read *Celebrating Epping's 275th* with a list of sponsor logos below. The non-competitive afternoon race had 15 boats entered. The consensus among racers was that the day was a great success!

We are always looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website: or check us out on Facebook for the latest and greatest info! Meeting times are generally the 4th Tuesday of the month at 6:30 pm at the Harvey Mitchell Memorial Library in Epping. We'd love to see you!

Colleen Palmer, *President*

colleenmariepalmer@hotmail.com

Cheryl Denoncour, *Treasurer*

cdenoncour@gmail.com

Deb Brooks, *Eyeglass Collector*

lexusreina@comcast.net



TALES FROM EPPING'S PAST

Kind and Obliging Neighbors

William Plumer and Seth Fogg of Epping

William Plumer was the first of our three New Hampshire governors from Epping. He was also a lawyer, a Baptist preacher, Justice of the Peace, historian, and a lifelong author. It's little known that he was also one of New England's earliest weathermen. From 1796 to 1823 he was out daily, recording weather conditions much as the Sanborn family has been doing here in Epping for many years and to this day.

Governor Plumer was also preparing to write a history of Epping. He began the project by studying our earliest church records, but it was left unfinished due to his declining years and poor health. Those early church records and many of his writings give information about Epping's beginning days that otherwise might be unknown. Governor Plumer knew many of our early settlers as his friends and neighbors, or by reputation. Through his writings we get to know them better ourselves, as shown in the following tale starring Colonel Seth Fogg of Epping.

Before we were set off from Exeter as a separate town and named Epping in 1741, this area was known as the Exeter outland. Seth Fogg inherited some of this "outland" from his father and came here from Hampton to settle for the rest of his life. He kept a tavern by what was then probably an old Indian trail and is now on the crossroad of Main Street and North Road near the center of town. The house and tavern are long since gone, but part of the land on which Seth Fogg and his large family settled so long ago is still known as "The Fogg Field."

Mr. Fogg was a neighbor of William Plumer's and he describes him as a hard worker who not only ran his tavern but farmed and made and sold shoes. Fogg's primary occupation however, was that of a tanner, a backbreaking process that could take him months to prepare rough animal hides for leather goods.

Plumer described Seth Fogg as a kind and obliging neighbor but who at times showed poor judgement and a mind "partially deranged" because as a love struck young man he had been soundly rejected by the girl and had never gotten over it. Plumer also notes that although Mr. Fogg had no military training whatsoever, he was appointed a Lieutenant in the militia and was later raised to the rank of Colonel, a title he enjoyed the rest of his life. Colonel Fogg also represented our town for years in the Legislature in Concord and as a Selectman here at home.

At the time when America was under British rule and Epping men were fighting and losing their lives

in our war for independence from England, Seth Fogg made it known once too often that he did not support the Revolution. For this he was finally arrested, put in jail, and charged with being a Tory, with insubordination, with rebelliousness, and with stubbornly refusing to answer the questions put to him by the Court. William Plumer finally got him released by convincing him to sign a declaration of apology to the Court for his behavior and probably also advised him to keep his lips prudently zipped in the future.

Colonel Seth Fogg died in 1806 and is probably buried in the old churchyard part of the Central Cemetery. He had kept a miser's chest with \$500.00 for each of his children after he died and for nearly thirty years had set aside a cask of rum to be enjoyed at his funeral as he "wanted no one sorrowful at his burial." Plumer also noted that Colonel Fogg himself enjoyed a pint of rum daily for the last two years of his life. Although the Colonel was not a church member, this kind and obliging neighbor of William Plumer's left a trust fund to benefit both the Epping church and the school. It's called the Fogg Fund and benefits our town to this day.

This is 32nd in a series for Speak Up, Epping!
Text/Research: Madelyn Williamson

Epping Historical Society

Our visit in March to the Epping Elementary School was a great success! Joanne Thibedore and I, wearing our colonial dresses, arrived at the school. We visited four, fourth grade classrooms. The students were very knowledgeable in history, and had many questions for us. We focused on what responsibilities children their age had, and what games they played in the early days in Epping. We brought several artifacts for them to handle and discuss, including an original "Frisbee Pie Pan." We had a great time, and so did the children.

The Epping Historical Society presented "Epping of Yesteryear" at the Town Hall on April 8th, and it was a great evening. It was very hard to choose only 95 pictures for the presentation. We have several hundred pictures of old Epping in our collections at the Epping Historical Society. The Town Hall meeting room was packed! We probably had the biggest crowd attending since the Town meetings were held in the room. Corey Blanchard had a table set up, where he sold and signed his book; Images of Epping. Thank you everyone for coming and a special thank you to the 275th

birthday committee of Epping. For a small fee of \$5.00, you can purchase a DVD of the program. Contact the Town Hall to place your order.

Last month a boxing official of N.H. contacted the society. They were having a big boxing match at Rockingham Park in Salem, and they were dedicating the match to Jack Sharkey. Jack was the World Heavyweight Boxing Champion in 1932. He is the only boxing champion from N.H. to be inducted into the Boxing Hall of Fame and he was a resident of Epping. They looked at our material on Jack, and invited us to set up a display at the arena. The volunteers put together a display with pictures, artifacts and a pair of Jack Sharkey's training gloves. The gloves were a big hit. We arrived at the park, set up our display, and spent the evening talking with boxers and fans that were all familiar with Jack Sharkey. In the boxing world, Jack was very well known. There were several matches before the main event. Just before the big match, I was called into the ring. The N.H. Boxing Commissioner and Deputy Commissioner presented the Epping Historical Society with a beautiful plaque. Here I am, in the middle of a Boxing Ring, looking down on 1200 faces! That was quite an experience!



Joy True with plaque at Rockingham Park

Have you been in the Harvey Mitchell Library lately? When you do, you will see many changes. There is more open space, more natural light and it's easier to navigate. We appreciate the volunteers that spent three days cleaning and making changes to our Library. THANK YOU!!

Memorial Day is just around the corner, a time to honor all our veterans. We always have an open house with a display of veterans from Epping that have served. This year we would like to have a display to honor our Vietnam Veterans. We have many Vietnam Veterans in Epping, and would like

to give them special thanks. If you are a veteran and are willing to share pictures or stories, please contact the Society. We can make copies of any material you would like to share and return to originals to you. A special tribute to our Vietnam Veterans is long overdue.

As part of the 275th Birthday celebration, the Historical Society is having a walk through Central Cemetery in September. We are looking for volunteers to portray several of the residents of Central Cemetery. They will have information on the folks they are representing, with a brief history, the good and sometimes the bad!

We have several items for sale at the society. We have our Cookbooks, featuring our local cooks, also, Cory Blanchard's book; Images of Epping. We also have several plates, one with the three Governors and one with several historic houses in Epping. This is a great way to have a special part of the history of Epping. You can order a brick to place in our walkway. The bricks are \$50.00, with three lines of words, with fourteen letters and spaces on each line. Come and take a look at the memorial bricks that have already been placed in our walkway.

I found the following poem in several places in our archives. A date was not included with the poem. This author has published several poems; I do not know how it came into our possession.

Route 125 Epping

With a faint touch of vanished quiet
Flows the river unregarded
Past the maples, and hard by it,
Standing stiff, by bronze memorials guarded,
The Town hall with its empty belfry tower
That tells no hour
Things of substance long transpired
Here within the ancient village.
Nothing now of greatness is required,
and Time, beyond far seas, finds newer tillage
Where a bewildered West
Looks for the consummation of its quest.
The leaves upon the locust bough
cut their old patterns on the sky,
And, rusting in the grass, the highway plough
Sees the parade goes by
Of traffic lean and swift,
Knowing how changelessly the snow can drift.
And how, beside the town hall door,
The tablets must come down again some day
To take a few names more
Of those who witnessed for us, lands away

How staunch the freeman's belfry tower abides
How calm the Lamprey glides.

Donald C. Babcock "New England Harvest"

We are open Mondays from 8:00 to 12:00, or whenever the flag is flying. If this is not convenient for you, please call and I can make an appointment to meet you there. We can be reached at 679-2944.

Submitted by Joy True, curator

The Civil War Roundtable of NH

In May 1991, when Epping was celebrating its 250th anniversary, a new club was formed to share in the interest in the American Civil War.

The Civil War Roundtable of New Hampshire, which calls Epping home, celebrates its 25th anniversary this year and as a part of that celebration, wants to invite everyone to a special event on **Friday, May 20, 2016** at 7 pm for our anniversary. We will have New Hampshire's own Civil War era band, "**The Hardtacks**", give a **FREE** musical presentation at the Epping Town Hall with images and live music from the time of the Civil War.

Our presence will be noticed in coming months as we will appear at various Town events with a table to answer questions about our group and the Civil War. As our slogan goes, "There's no time like the present to join us in the past."

We are a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all!

For more information on the group and a complete schedule for 2016, please visit the web site: www.cwrt-nh.org or e-mail cwrtnh@gmail.com

This is a partial CWRT-NH schedule for 2016:

May 20, 2016 – CWRT of New Hampshire's 25th Anniversary! SPECIAL EVENT featuring New Hampshire's own Civil War musical group, "The Hardtacks!" !



June 17, 2016 – Bill Hallett – "C.S.S. Shenandoah and the End of the Civil War"
July & August – No meeting - summer break



Bill Hallett – June 17th presenter

Lamprey River Advisory Committee Life in the Really Slow Lane

The Lamprey River is fortunate to support all six of New Hampshire's native turtle species: Blanding's, musk, painted, snapping, spotted, and wood. Most people have seen a snapping turtle and many have seen a painted turtle soaking up the sun on a water-side log. Musk turtles are common, but since they rarely travel far from water, few people see them. The other three are, in fact, rare: Blanding's turtles are listed in New Hampshire as endangered, spotted turtles are listed as threatened, and wood turtles are listed as species of concern.



Blanding's turtle

Photo by Jon Bromley



spotted turtle

Photo by John J. Mosesso, <http://images.nh.gov/>



wood turtle

Photo by Mike Jones, <http://www.mass.gov/>

The main differences between common turtles and rare turtles relate to breeding and range. Common turtles can breed when they are a few years old and tend to lay many eggs. Their habitat requirements are often compatible with human presence and land use. For rare turtles, the odds are increasingly stacked against them.

All three rare turtle species cannot breed until they are well into their mid-teen years and they lay fewer eggs. Their ranges are extensive and they make use of several different kinds of habitat to meet their seasonal needs. They need to make use of habitats that people often develop, such as old fields and vernal pools. Their interactions with people often occur when they try to cross roads as they travel across the landscape and females of egg-laying age are most at risk. They are also negatively affected by animals that thrive near humans: skunks, raccoons, and foxes. These animals are opportunists and take advantage of easy meals, such as turtle eggs buried in the sand.

Before humans developed the land to suit their own needs, the now-rare turtles were common and thrived. Despite the late onset of breeding and fewer eggs per clutch, they could live and breed to a very old age. Their extensive range was a hedge against one habitat's being unsuitable or the loss of a nest in any given year. Currently, their strategy of slow and steady, far and wide is putting them at risk. The turtles cannot change their strategy, but we humans can help ensure their future by recognizing and protecting the resources they

need. Support efforts to conserve large tracts of land, especially those that have a variety of wetlands and uplands. If possible, help turtles crossing the road to reach the side to which they are headed. Report sightings of rare turtles to NH Fish and Game's Reptile and Amphibian Reporting Program at raarp@wildlife.nh.gov so that they can help to ensure the turtles' continued presence.

Aesop's fabled tortoise beat the hare using a slow and steady strategy, but most turtles don't stand much of a chance against fast cars and human habitats.

May & June 2016 Lamprey River Activities

May 7, Saturday, "Herring Aid", 10:00-noon at Macallen Dam, Route 108, Newmarket, cost: FREE.

Join NH Fish and Game as they help count and move river herring on their annual upstream journey. Last year 1500 river herring passed the fish ladder during the event. We will also probably encounter see-through baby American eels and a few sea lampreys. Park in the public lot behind the Newmarket Public Library and follow the signs.

May 14, Saturday, "Get Pumped" Septic System Information and Update, 10:00-noon, Durham Public Library, 49 Madbury Road, cost: FREE.

Attend this workshop and get the facts:

1. septic system basics: how a system works & and best practices to make it last longer
2. regional and statewide perspectives
3. latest technology on pollutant removal
4. question & answer session with septic system professionals and experts

While the adults attend the workshop, kids can participate in water and watershed activities in the children's area during the Science, Technology, Engineering, Arts, and Math session. Children under 10 must be accompanied by an adult.

No registration is required, but if you have any questions, please contact Armida Geiger, Durham Public Library adult program coordinator, at ageiger@ci.durham.nh.us or call 590-1117. Co-sponsored by Lamprey Rivers Advisory Committee, Strafford Regional Planning Commission and NH Dept. of Environmental Services.

June 26, Sunday, Lee 250th Celebration Family Paddle, Lee Canoe Launch, 1:00-3:00, Route 152 near Wadleigh Falls, cost: FREE

Enjoy a leisurely paddle upstream and back while taking in the view.

Please contact dawn.genes@lrwa-nh.org for details and to register. Co-sponsored by the

Lamprey Rivers Advisory Committee, the Lamprey River Watershed Association, and the Town of Lee.

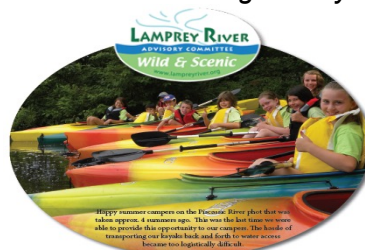
National Park Service: Call to Action Grants

The National Park Service (NPS) will turn 100 years old in August 2016. Most Americans are familiar with the crown jewels that comprise the national parks, but the NPS is much more than just the parks. It also encompasses national monuments, historic sites, public walking and water trails, and Wild and Scenic Rivers.

As a partner in the Wild and Scenic Rivers System, the Lamprey Rivers Advisory Committee applied for and was awarded a 100th anniversary Call to Action grant to help improve passive recreation in the Lamprey River watershed. The committee in turn requested applications from local towns to serve as partners. We are pleased that Raymond and Newmarket were selected for assistance.

Raymond has put in significant time creating a plan for a nature trail near the Lamprey River Elementary School. Teachers there have been taking students along an informal trail for years, but the trail lacked real planning and signage. This summer, the trail will be shifted away from ecologically sensitive areas and toward more resilient terrain. Twelve interpretive signs will be designed and placed along the trail to highlight soil and habitat shifts along the different stops. A kiosk will also be designed and installed to orient visitors and offer guidance for appreciating the trail. The trail will be used primarily by school groups when school is in session, but during off-hours, the public will be free to explore and learn. The ultimate goal will be to create an eco-center that features a nature trail and public access to the river for canoes and kayaks.

"Happy summer campers on the Piscassic River, photo taken nearly four years ago. This was the last time we were able to provide this opportunity to our campers. The hassle of transporting our kayaks back and forth to water access became logistically too difficult."



How could we resist this from Newmarket's grant application?

Newmarket has an active recreation department and owns several kayaks for public use. What is lacking is a location near the river to launch the boats. After consulting with the conservation commission, two easement sites were identified that could accommodate kayak racks. This summer, kayak racks equipped with locking devices will be installed at Schanda Park on the salt water portion of the Lamprey River and at Piscassic Park located at the freshwater confluence of the Piscassic and Lamprey rivers. These boats will be available to recreation campers as well as the general public

The committee is pleased to help connect local people to the rivers that connect us all.



*Helping communities protect the
Lamprey River.*

Submitted by Suzanne Petersen



Epping Garden Club

The Epping Garden Club held its Annual Pansy Bowl sale and our supporters came out in droves! We cannot thank you enough and are sorry those 70 degree temperatures did not continue. Your pansies should survive with water (yes rain counts). We have spots in town to add them to as well but they have been spending the really cold nights under a tarp. They need sunshine and days that are a little warmer, just like we do.

Around Mother's Day we will have 10" hanging baskets available for those who give flowers to their moms, aunts and grandmothers and wives to celebrate their Special Day. Two of them will be for sun loving locations (Wave Petunias and Ivy Geraniums) and two will be for shady spots (Fuchsia and New Guinea Impatiens). We will sell them for \$21.00 each - this is a FUNDRAISER.

Please go to the Epping Garden Club Facebook page to see examples of the baskets and let us know what you want. Joyce at Town Hall can take your cash or checks or you can mail them to Epping Garden Club: 9 Folsom Mill Lane Epping, NH 03042.

We will do what we can to clean up our plantings around town. However, trash is being dumped in them and signs are being added for non-garden club purposes. Also, the constant destruction by trucks/cars running up and over our plantings, makes it seem pointless at times. Then again there are those of you who do not litter throughout the town and who actually enjoy what

we do, so we will push forward to make the majority of residents happy. Speak up if you see people doing all they can to trash your town. You can bet we will! How much are cameras?

Come On Sunshine!! It's Spring!!

The Epping Garden Club

Submitted by Eunice Miller



Ledd Center

The Leddy Center's 42nd season continues with the musical "Oliver!" from July 8th to 24th. "Mary Gatchell is in Concert" on September 30th. Next is Frank Capra's masterpiece "It's a Wonderful Life" from October 21st to November 9th. To start off the Christmas season, Leddy gives us Charles Dickens' holiday classic "A Christmas Carol" from December 2nd to 11th.

Individual tickets are \$20 and are available online at www.leddycenter.org or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates.



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Monday–May 9, 23; June 6, 20 – Selectmen

–7 pm

Tuesday–May 3; June 7 –Water & Sewer –7 pm

Tuesday–May 17; June 21–Library Trustees –7 pm

Tuesday–May 10; June 14 – Conservation

Commission –7 pm

Wednesday–May 4; June 1 – Parks & Recreation

Commission –7 pm

Wednesday– May 18; June 15–Budget

Committee –7 pm

Thursday–May 5, 19; June 2, 16 – School Board

–7 pm

Thursday–May 12; June 9 –Planning Board –6 pm

Friday– May 20; June 17 – Civil War Roundtable

– 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm
Tuesday - 2 am
Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.
Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouts is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

May Pack Meeting: **Wednesday, May 18th**

from 6:30 to 7:30 pm at the Epping Middle School

Museum of Science Overnight: **Friday, May 20th**
Flag Day Ceremony: **June 14th**

June Pack Meeting: **Wednesday, June 15th**
from 6:30 to 7:30 pm at the Epping Middle School

If you would like information about joining Cub Scouts, please contact our **Cubmaster, Jeff Falkingham** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

Boy Scout Troop 136

It has been a fabulous spring for the Boy Scouts this year! We are thrilled to have had 10 boys cross over from Cub Scouts into the Troop. We will be losing one of them shortly because his family is moving but we are glad he has joined us for what time he has left here.

The boys went up to Camp Carpenter in March for a "Skills" campout where they worked on various items that they need in order to make their next rank. They had a fabulous time.

In April there was a special single night campout at Camp Straw for the new boys so that they would have a chance to learn the skills necessary for Troop campouts.

Then later in April the Troop had a Troop Campout at Camp Straw. It was another great weekend of working on skills and rank advancement. The Troop would like to thank all of those individuals who worked to improve and create new campsites at Camp Straw. The Troop has grown so much that we needed more campsites in order to be able to have the full Troop camp at Camp Straw. The Camp is looking great!

At the annual District Dinner in March we had members of our Troop who received awards. We would like to congratulate them and thank them again for all that they do for our Troop:

Scoutmaster Stephen Sylvain received the Unit Leader Award of Merit and Unit Commissioner and Committee Member Cliff Cray received the Historic District Unit Service Award. There was one additional award but since the recipient wasn't able to attend, we will announce this one later once the Troop has made a special presentation of the award.

We had our Spring Court of Honor where the following rank advancements and other awards were received:

AJ J. received:

Paul Bunyan Woodsman Emblem

Alex C. received:

Paul Bunyan Woodsman Emblem

Andrew T. received:

Recruiter Strip

Boy Scout Cyber Chip

Greg M. received:

Tenderfoot Rank

Jake O. received:
 Tenderfoot Rank
 Recruiter Strip
 James W. received:
 Firem'n Chit
 Totin' Chip
 Justin B. received:
 Citizenship in the Community Merit Badge
 Cooking Merit Badge
 Personal Fitness Merit Badge
 Paul Bunyan Woodsman Emblem
 Lathan R. received:
 Firem'n Chit
 Mickey T. received:
 Kayaking Merit Badge
 Ryan S. received:
 Paul Bunyan Woodsman Emblem
 Tim G. received:
 Boy Scout Cyber Chip
 Zac O. received:
 Paul Bunyan Woodsman Emblem

There are a number of activities planned for the rest of the spring and early summer:

May 14,15 Battleship Cove

May 30 - Memorial Day Parade

June 10 - 12 PLC Annual Planning & Kayaking Campout

June 14 Flag Day Ceremony at the American Legion

June 24 - 26 Troop Canoe Trip (still in planning process)

If you have a son who is interested in Boy Scouts please call Scoutmaster Stephen Sylvain at 679-4801.

Submitted by Pat Oumansour



Epping Fire Department

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating schedule, please call and schedule an appointment. Deputy Chapman can be reached at 679-5446.

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

<http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>

Epping Explorer Posts

Fire Department Explorer Post 716

Epping Fire Department Explorer Post 136 will hold a car wash at the Epping Safety Complex on **Saturday May 21st** from 8:00 am to 12:00 noon.

Exploring is part of the Learning for Life program of the Boy Scouts of America. We are co-ed and welcome all youth ages 14 to 20 years of age. Our meetings are held at the Epping Safety Complex on the 2nd and 4th Thursdays 6:30 to 8:00 pm. We are career oriented and welcome youth to check out the Fire and EMS services as a possible career.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information contact Captain Cliff Cray at 396-9436 or deacon100@comcast.net.

Police Department Explorer Post 714

Youth 14 and older may also join the Police Explorer Post by calling 679-5122.

American Legion News

American Legion 6th Annual Car Show

On **Saturday, May 21st**, the American Legion Post 51 on Rte. 125 in Epping is hosting their **6th Annual Car Show**. Gates open at noon and the show is from 1:00 to 4:00 pm. Admission is free. Come show your car - 1975 and earlier! There is no entry fee, but donations are accepted. There will be First Place, Second Place, and People's Choice Awards. Raffles and 50/50. Hamburgers, hot dogs and other food will be available for purchase around 1:00 pm and a cash bar will be open. This event will be held in the parking lot of the American Legion on Route 125 in Epping (across from Telly's Restaurant). Rain date is May 22nd. For more information, please call Judy Pelletier at (434) 835-7928. All proceeds from the Car Show will be donated to a non-profit organization that will be announced at the Car Show

.Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, May 8th** and

Sunday, June 12th - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate, \$4.00 per child and worth every penny!

We will be collecting food for End 68 Hours of Hunger in Epping.

A Year in the Life of a Sheep NH Sheep and Wool Festival

Dot Perkins, UNH Cooperative Extension Livestock Field Specialist, will be giving a talk on "A Year in the Life of a Sheep" on **Sunday, May 15th**, at 11 am at the 40th Annual NH Sheep and Wool Festival at the Deerfield Fairgrounds, 34 Stage Road, Building A, Lecture Room. Perkins will be talking about the nutritional needs of a ewe and a ram throughout the year, as well as housing and management. The NH Sheep and Wool Festival will be held on Saturday and Sunday, May 14th and 15th.

The festival offers educational programs, special workshops, demonstrations, handmade with fiber shows, a hand-spun skein contest, a fleece show and sale, breed display, youth show, sheep quiz bowl, stock dog trials, vendors and vendor raffles, crafts for kids, and a delicious food fair.

The presentation by Dot Perkins is free, but the festival charges an admission fee. Visit www.nhswga.com for more information.

Epping Community Church

Our church service is at 9:00 am every Sunday morning upstairs in our Sanctuary. Come and listen to the word of God as he speaks to all of us individually. Following the service we have a time of fellowship for everyone to share a cup of coffee, a bite to eat and great conversation with friends...new and old. Sunday School is at 11:00 am for all ages including a adult class. Come and join us for worship - we'd love to have you! We are located on the corner of Main and Pleasant Streets.

Our **3rd Saturday dinner** will be **May 21st**. This will be a benefit dinner for Elisa Smith who was in a car accident in February. The menu will be spaghetti and meatballs, salad, garlic bread and dessert. The dinner is \$8.00 for adults and \$4.00 for children. All proceeds will go to the family. Thank you for all of your support and we hope to see you there!

Our Ladies Aide will once again have a table set up on the church grounds for the Memorial Day

parade. You can get coffee, water, soda, hot dogs and lots of homemade baked goods. Come on over and get a snack while you enjoy the parade.

On **Saturday, June 4th** we will be sponsoring an American Red Cross blood drive at the church. Please look for details on our ECC sign near the driveway.

On **Saturday, June 11th** we will be very busy at Epping Community Church. We have a breakfast at the church for Project Graduation. The graduates will show up by bus around 5:00 am. They'll enjoy a home cooked breakfast before they head home to catch up on sleep after a busy chemical free evening provided by parents and friends of the graduates.

Later on **June 11th** we will be part of the 275th Celebration Progressive Dinner. After traveling to the Quaker Meeting House, Providence Baptist Church, Epping Baptist Church and St. Joseph Parish, we will end the evening at Epping Community Church for a concert upstairs followed by strawberry shortcake downstairs in Fellowship Hall.

There will be a Yard Sale on **Thursday, June 23rd** from 7:00 to 11:00 am.

Our food pantry is open on Saturday from 8:00-10:00 am. Entry is through the side door off the driveway. We also continue to have our Soup of the Day Café every Thursday from 11:00-12:30. This is a free lunch open to all in the community. We offer two different kinds of soup, salad and dessert every week. In the summer months we switch to various salads. Come and join us!

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

Mass schedule weekdays:

Mon, Tues, Thurs, Fri. 7:30 am

Wednesday 7:00 pm

Mass schedule weekends:

Saturday 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

May

Mondays – Adoration – Noon to 9:00 pm

Fridays – Adoration – 8 am to 7 pm

First Friday/Saturday – Adoration – 8 am-7:45 am

May 3 – Knights of Columbus Blood Drive 2-7 pm

May 14th – Squire Dinner – 5 pm

May 14th – Knights of Columbus Kids Fishing Derby (see below)

June

Mondays – Adoration – Noon to 9:00 pm

Fridays – Adoration – 8 am to 7 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

Knights of Columbus Kids' Fishing Derby

(Please note the date change to Saturday May 14th)

The Knights of Columbus, Council #6850 of St. Joseph Parish will be holding their Annual Kids' Fishing Derby. The Derby will be held on **SATURDAY, MAY 14TH** beginning promptly at 8 am and ending at 11 am at the Conservation Pond on Towle Road (formerly High Road) in Epping. The derby is open to all children age 12 and younger. All children must be accompanied by an adult, who does not have to hold a NH Fish and Game Fishing license. Worms will be provided so no artificial bait or lures will be allowed.

For more information please contact either Tim Acerno at 895-9203 or Mike Annis at 895-4371.

Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:15 to 9:15 am, followed by Sunday School for all ages at 9:30 am and morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Sunday School features classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

On Wednesday nights there is a Bible Study, currently going through the Gospel of Mark, at 6:30 pm at the parsonage.

The AWANA program for children age 3 through sixth grade is held on Friday nights. It helps children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant Street in Epping. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or PastorRon@EppingBible.org. Visit them online at www.eppingbible.org.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

Hours: Monday, Friday – 10 - 5

Saturday (change) – 10 - 2

Tuesday, Wednesday, Thursday 10 – 8

Closed: Monday, May 30^h Memorial Day

Library News

Big Changes Upstairs

Partly in celebration of the 52nd birthday of the Harvey-Mitchell Memorial Library, many changes were made. The most exciting is the addition of patron sitting areas facing the large front windows upstairs. Now folks can gather at the library to relax, quietly chat, read a book and/or peruse the magazines. The double-sided shelves donated by the Town of Kingston helped to optimize the space and nearly all the books are neatly placed on shelves, better categorized and more easily located. Thank you, Kingston! The Town of Epping is grateful!

The book stacks were reoriented, allowing more light into the room as well as more space. The new light and airy feeling is cheering and the increased

open space lends an air of relaxation. New books, CD's and DVD's are more efficiently displayed. The patron computer area is now conveniently located near the front door with easy access to print, scanning and fax equipment.

Youth Room Changes

This area is also looking brighter and less cramped. Several new bookcases allowed all the books to be placed in shelves, freeing the children's table for work on puzzles and other activities. Several new tables with a laminate top are much easier to clean when children are doing the crafts. A patron donated puzzle storage unit makes the puzzles more accessible and valances (instead of curtains) allow more natural light to come in! The quilt made by the afternoon craft group and the Girl Scouts is displayed on one of the rocking chairs.

The staff and trustee families accomplished the work associated with all these changes in three days and about 200 labor hours. It was truly a team effort and the trustees invite you all to come check it out. Thank you trustees, families and staff for all your hard work. We believe the Town of Epping is grateful!

Donations

Soon after the library was reopened, Charlie Goodspeed received a note from the Adam McPhee Memorial Foundation. They are so pleased with the changes, they are donating funds to paint the inside of the building. The Library staff and trustees are grateful and sincerely appreciate the Foundation and all their good work! Thank you!

The Exeter Area Garden Club awarded the Youth Department a \$150 grant to help establish a Storybook Garden. Work will begin on our new garden with the children's help in the middle of May. Thank you!

Programs

HMML is getting ready for the summer reading program. The theme this year is "Ready, Set, Read!" More information will be forthcoming.

We will be hosting a special visit from Abraham Lincoln at the library on **Friday May 13th** at 7 pm. Presented by the NH Humanities Council, Steve Wood of Claremont, NH will be presenting the program as Abraham Lincoln, including the story of his visit to New Hampshire in 1860. Afterwards, Mr. Wood will step out of character to answer questions. This program will have limited seating available so call ahead if you want to reserve a spot (724-4587). This program was partially funded by a grant from the New Hampshire Humanities Council.

In keeping with showing local talent, Lee

Townsend has several of her paintings on exhibit in the youth room. We invite everyone to come in and see the wonderful artwork.

The Friends are Back!

The Friends of the Library are starting to meet again. The next meeting is on **Thursday, May 5th**, at 7:00 pm. Please join and help us make this an even greater library!

Submitted by Charlie Goodspeed, Trustee

Epping Y.O.U.T.H. Coalition (Youth Organizations Unite To Help)

We are taking a break from monthly meetings, but still share info, community needs and concerns, and ways to help as they arise,

eppingyouth44@gmail.com

Remember: Each and every one of us can change the world!

"Choose to be KIND, over being Right, you'll be RIGHT every time." Richard Carlson

In a difficult world, not knowing someone's difficult situation, a SMILE and a KIND WORD have amazing power!

Submitted by Linda Daigle, Coordinator

Epping Parks & Recreation

Department News

Home of the "River Otters"

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at eppingrecreation@gmail.com or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Watson Senior Citizen's Group held their first meeting back at Watson in February and the After School Program kids have returned to a more home-like atmosphere for their after school hours. Parents, kids and seniors alike are thrilled to have their "Home away from Home" back! We are also pleased to announce that the Epping Garden Club will now be calling Watson home as well. They are holding their monthly meetings at Watson, along with having a place to share their resources with the community! We are looking forward to watching this fine non-profit Epping organization grow!

The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and

offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Looking for something fun and inexpensive to take your kids to this summer in Epping?

Look no further... Our Annual Friday Family Fun Events are scheduled to kick off Friday, June 27th at the EES gym from 10:30-11:30am.

(Please park in back dirt lot behind EES and use back gym door for EES Gym programs this summer.)

Here's what is planned this summer:

June 27 - Wayne From Maine & The Kunga Munga Man Music Concert

July 15 - Jason Purdy – Illusionist & Magic Show

July 22 - UNH Little Red Wagon Theater Group "Luna Goes to Mars"

July 29 - Boston Museum of Science "Super Cold Science" Show (10:30 -11am)

Aug. 5 - Wildlife Encounters Animal Show

All Events are open to the public and held rain or shine!

Admission is by donation only. Suggested donation is \$2 per person or \$5 per family. Donations are appreciated, but are not required. All collected donations will go toward Phase 2 of Mary Blair Park Natural Playground!

Preschool Programs

Story Discoveries!

Story Discoveries at the Rec.: Literacy based interactive programs for children ages 2-5 with an accompanying adult. Join us for songs, stories and hands-on activities at 10:00 am on Saturdays April 30th through May 21st.

Starting with songs and finger plays to help participants feel comfortable and included, Miss Tracie will read two picture books which introduce the children to a topic that is relevant to their experience in the world. Following the stories will be a fun project using a variety of art media, giving the child something to take home which will hopefully inspire further investigation and discussion of the topic.

These projects can be messy, so although aprons will be available, washable play clothes are

recommended. There will also be age appropriate puzzles for the preschoolers to explore as they complete their project. "Miss Tracie" Wilkins has over 25 years of experience as an early childhood educator, having worked in preschool, kindergarten, children's museum and public library settings.

May Days: Saturdays at 10:00 am at Watson Academy. \$20 for 4 weeks (prepaid registration only!)

April 30 - May Day Cone Baskets

May 7 - Mother's Day Hugs

May 14 - Lilacs and Caterpillars

May 21 - Worm Week

Preschool Sports

Designed for 3 to 5 year old children, this program offers the opportunity for preschool children to experience a variety of sports and related activities to include, soccer, T-ball and cooperative games. The focus is on fun, socialization and the beginning of sports skill development (throwing, kicking, catching and running).

Ages: 3-5 (Older 2 year olds can participate with parental assistance)

Dates: Fridays, May 6- 27

Time: 9:15 – 10 am

Location: SAU Field (behind town tennis court at 213 Main St., Epping)

Cost: \$20 (Checks payable to Town of Epping)

Registration forms are available for download from the Rec. website or at the Town Hall. Please drop off at Town Hall Board of Selectman Office or mail Reg. form and payment to Epping Recreation Dept., 157 Main St., Epping, NH 03042

Must have a minimum of 5 registrations to run the program!

If you are looking for beginning and advanced team sports-related programs for children ages five+, please visit the Epping Youth Athletic Association (EYAA) website at www.eyaa.org for sports programs offered in Epping.

Let's Get Movin'

Yoga & Nutrition

Preschoolers and Parents

Time: Thursday 10:00 – 11:00 am

Ages: 3-5*

Cost: \$30 for 4-week session

First session: May 5, 12, 19, 26

Please register by visiting the Rec. Dept. website at www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec. Dept. at 157 Main Street, Epping
Bring your mat and join the fun!
Cheryl Rossman RYT500
957-0416 crossnh@comcast.net
www.letsgetmovin.com

*If your child is younger than 3 and you feel they will benefit from the program feel free to call to discuss.

School Age Youth Programs Before & After School Program:

Children will not be allowed to attend without registration. Forms can be downloaded from the website and mailed. Space is limited. If a wait list is started, parents will be notified. Please e-mail Director Nicole Bizzaro, with any questions at eppingrecreation@gmail.com or call her at 608-9487.

Grades K-7

6:45 – 8:25 am and 3:10 - 5:45 pm – Before School Program at Epping Elementary School Gym

3:15 – 4:15 pm – After School Program meets in EES Library, goes to EMS Café & Playground, then to EES Gym till close.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or e-mail her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

Summer Youth Golf Clinic

The Epping Parks and Recreation Department is continuing it's tradition of teaming up with the Twin Pines Driving Range on Rt. 125 in Epping, to offer a 9-week group lesson golf clinic. The Clinic includes one hour of group lessons weekly, driving range use for practice during the week, use of our NEW junior golf clubs, and one round of golf at Apple Hill Golf Course for an instructional game to close out the summer program!

For: ages 8-14

Dates: Mostly Sundays June 12-Aug. 14 (Except Sat. June 18 due to Father's Day Sunday)

Cost: \$90

Please download the Golf Brochure and

Registration Form from the Rec. website or pick one up at Town Hall, Watson Academy or Twin Pines Driving Range, located at 526 Calef Highway, Epping.

Registration is due by **June 1st** or until space is filled!

8th – 12th Grade CIT program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: Epping Middle School Gym

Cost: \$30 for 10 nights – Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will

not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Let's Get Movin' Yoga & Nutrition Senior/Adult

Time: Thursday 11:15-12:00 pm

Cost: \$25 for 4-week session

First session: May 5, 12, 19, 26

Please register by visiting the Rec. Dept. website at www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec Dept at 157 Main Street, Epping. Bring your mat and join the fun!

Cheryl Rossman RYT500

957-0416

crossnh@comcast.net

www.letsgetmovin.com

Zumba

Zumba is back on Thursdays from 7:45 - 8:45 pm at the Elementary School Gym. Drive around back and use the back gym door for class. The instructor will let you in the back door. Cost: \$7 drop in (Please bring exact change). Please check Facebook for updates!

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the

Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out *Fridays, 9:30-11 am (Group takes a break June 17, and resumes for 5 weeks on July 15)* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building (213 Main Street, Epping). Cost: Free. Advance sign-up not needed.

Exeter Family Morning Out *Thursdays, 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare**; please go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.



Epping School District News

Letter To the Epping Community from the Superintendent

Spring 2016

The 2015-16 school year has gone by quickly and both the staff and students have accomplished a great deal in the past several months.

In our effort to ensure a high quality education, the Epping school community continues to explore competency based instruction and assessment. Within this context there are two essential questions; what do we want our students to know and be able to do and how will we measure the learning of the students? The Epping School system is invested in a state of the art assessment project called PACE. This stands for Performance Assessment Competency Education. Epping is one of four original New Hampshire school districts involved in this innovative work.

This spring the Epping district is moving onto the Google platform for all staff and students. This plan, along with the move to one-to-one computing in September of 2016, ensures that our students will be college and career ready.

In June we say goodbye to the Epping High School class of 2016. It is our sincere hope that this group of young men and woman will experience all that life has to offer!

Sincerely,
Valerie McKenney
Superintendent
Epping School District
Epping, NH

Early Release Procedures (March 2016)

PLANNED Early Release:

A PLANNED Early Release would only be used as an option to ensure the safety of students and staff.

In the event of a planned Early Release for students, it is recommended that the call be made the evening before to ensure that parents have ample time to make plans for their children.

Epping Elementary School: On Early Release days there will be no afternoon preschool. All K-5 Elementary school students will be dismissed at 12:30 pm. Lunch will be served beginning at 11:00 am.

Epping Middle School: On Early Release days Middle school students will be dismissed at 11:30 am. There will be no 9 am break. Lunches will begin at 10:40 am and will be back to back with no breaks. Lunches will be 20 minutes in length and end at 11:20 am.

Epping High School: On Early Release days High school students will be dismissed at 11:30 am. There will be no 9 am break. Lunches will begin at

10:00 am and will be back-to-back with no breaks. There will be no afternoon SST programming.

UNPLANNED Early Release:

An UNPLANNED Early Release would only be used as an option to ensure the safety of students and staff when there is an unexpected weather event.

Epping Elementary School Lunch Schedule:

Grades 4-5: 11:00 - 11:20 am

Grades 2-3: 11:25 - 11:45 am

Grades K-1: 11:50 am - 12:10 pm

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

May 5th and 19th

June 2nd and 16th

Epping Elementary School (EES)

EES School Calendar

May

May 2 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

May 2-6 – Teacher and Staff Appreciation Week

May 3 – Band & Chorus Field Trip to the Music Hall in Portsmouth

May 4 – 4th Grade Field Trip to NH State House and Historical Society

May 5 – Family Science Night for Kindergarten to Grade 2

May 6 – Grade 5 Field Trip to Quarrybrook Learning Center

May 9 – Visiting Author, Paul Durham with Grades 3-5

May 12 – Grade 5 Parents' Information Night at EMS – 6:30-7:30 pm

May 18 – Principal's Coffee – 8:30 – 9:30 am for parents with Mr. Vallone

May 25 – Spring Concert for Grades 1, 2 & 3 in EMS Gym – 6:30 pm

May 26 – Spring Concert for Band and Chorus in EMS Gym – 6:30 pm

May 30 – MEMORIAL DAY – NO SCHOOL

June

June 1,2 – Grade 4 Field Trip to Strawberry Banke & Gundalow Sail

June 3 – PTO Carnival from 6:00-8:00 pm

June 6 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

June 7 – Field Day for Grades 3-5 (Rain date June 10)

June 8 – Field Day for Kindergarten-Grade 2 (Rain date June 9)

June 9 – Grade 5 Field Trip to Charlestown Navy Yard & Super Duck Tour

June 13 – Grade 1 Field Trip to York Wild Kingdom

June 14 – Grade 3 Field Trip to SEE Science Center

June 17 – Closing Ceremony – Kindergarten – Grade 5 from 9:00 to 11:00 am

June 17 – Awards Assembly – Grade 5 from 1:15 – 2:45 pm

Last Day of School for Students – Summer vacation begins!

Artist in Residence Wishing Flags



The Artist in Residence program with Mark Ragonese inspired students and staff to create artwork, including historical murals, to inform and inspire the Elementary School for years to come. Mark and the students also built a natural structure from which fly hundreds of wishing flags.

NEHS members helping on Earth Day



In celebration of Earth Day, National Elementary Honor Society members worked in the gardens in front of the school on April 21st, raking, cleaning up the grounds and planting gladiola bulbs and perennial plants to beautify our gardens. Thanks to Mrs. Beaton and Mrs. MacLeay for organizing this.

Third Quarter Honor Roll

Grade 3

High Honors:

Zander Beltran, Garrett Follansbee, Shayla Foster, Piper Gagne, Anna Gatchell, Nev Haugh, Sawyer Idell, Nathaniel Johnson, Jim Le, Jordyn Lee, Samantha Listovich, Kallissa Marquez, Tyler Morang, Mikayla Picard, Abigail Stich, Patrick Thompson, Landon Toomire, Lilyan West, Maria Wheeler, Cameron Wishart

Honors:

Morgen Bertogli, Eoghan Brown, Emily Carleton, Natalia Costanzo, Trevor DeCourcy, Evan Deloge, Haily Demers, Leonie Dickerson, Lindsey Duffy, Haylee Fields, Riley Gagnier, Maria Guenard, Emma Hynds, Aubree Marcheterre, Haley Marshall, Keira McElreavy, Hayden Miskinis, Adam Munguia, Presley Nichols, Kyle Peck, Jazmine Raymond, Kierra Souphakhot, Christopher Tagliaferro, Zachary Tessier, Piper Vetter, Allison Whitesell, Madison Whitty, Reed Yates, Lily Yergeau

Caring Eagles:

Alyssa Bartlett, Morgen Bertogli, Jackson Boelter, Eoghan Brown, Emily Carleton, Natalia Costanzo, Evan Deloge, Leonie Dickerson, Shayla Foster, Nathan Gallant, Anna Gatchell, Maria Guenard, Nev Haugh, Eric Hull, Emma Hynds, Sawyer Idell, Nathaniel Johnson, Jim Le, Jordyn Lee, Samantha Listovitch, Aubree Marcheterre, Kallissa Marquez, Haley Marshall, Keira McElreavy, Hayden Miskinis, Tyler Morang, Presley Nichols, Abigail Parenteau, Kyle Peck, Mikayla Picard, Jazmine Raymond, Kayla Schumann, Kierra Souphakhot, Tiernan Sousa, Keith Spencer, Abigail Stich, Christopher Tagliaferro, Zachary Tessier, Landon Toomire, Lilyan West, Maria Wheeler, Allison Whitesell, Madison Whitty, Cameron Wishart, Reed Yates, Lilly Yergeau

Grade 4

High Honors:

Ayla Bennett, Aviendha Blakney, Mason Coldsmith, Troy Coleman, Robert Currier, Jr., Dylan Dulong, Isabella Greubel, Amelia Harper, Wyatt Idell, Chanah Katz, Shawna Lin, Autumn Loving, Maelie McAniff, Sarah McTague, Casey Morin, Autumn Patterson, Annabelle Shumway, Skyler

Simard, Eva Simpson, Logan Snyder, Charlize Stevens, Jacob Twombly, Delaney Yates

Honors:

Aiden Blakney, Elysia Cancel, Abigail Deary, Brady Dwyer, Tessa George, Carlos Guenard, Colin Hallinan, Cameron Hansen, Tyler Howe, Lauren Johnson, Lillian Long, Myleigh Martin, Malaney McAniff, Nickolas Newell, Aleila Pereira, Devyne Pizz, Logan Puchlopek, Aidan Rossel, Aria Smith, Ryan Zheng

Caring Eagles:

Nichola Albro, Ayla Bennett, Robert Bizzaro, Aiden Blakney, Aviendha Blakney, Mason Coldsmith, Robert Currier, Jr., Abigail Deary, Dylan DuLong, Brady Dwyer, Isabella Greubel, Amelia Harper, Lauren Johnson, Chanah Katz, Shawna Lin, Autumn Loving, Myleigh Martin, Maelie McAniff, Malaney McAniff, Sarah McTague, Autumn Patterson, Leland Perron, Devyne Pizz, Hermione Porter, Logan Puchlopek, Aidan Rossel, Annabelle Shumway, Skyler Simard, Eva Simpson, Aria Smith, Logan Snyder, Charlize Stevens, Jacob Twombly, Delaney Yates, Ryan Zheng

Grade 5

High Honors:

Kaelin Beattie, Ethan Coldsmith, Jared DeCourcy, Kaylin Hennessy, Daniel Johnson, James Le, Brady Lewis, Sophia Morang, Miriam Peck, Luke Snyder

Honors:

Riley Ahlschlager, Connor Altbergs, Brooke Bacon, Sophie Bade, Jada Bartlett, Cooper Bernier, Ta’Lisa Burnett, Kaitlyn Chapman, Austin Clark, Brendon Follansbee, Allison Galante, Christian Ginsberg, Olivia Gosselin, Samuel Gosselin, Leah Hackett, Jordan Horton, Payton Hull, Jillian Mallett, Calynn Marcheterre, Nathan McTague, Mackenzie Milbury, Madison Milliken, Pacy Morgado, Dillin Munroe, Lindsey Parents, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Christopher Sullivan, Olivia Sousa, Tyler Valdez, Alexa Williamson

Caring Eagles:

Riley Ahlschlager, Connor Altbergs, Olivia Armstrong, Brooke Bacon, Sophie Bade, Devan Bartlett, Kaelin Beattie, Cooper Bernier, Ta’Lisa Burnett, Kaitlyn Chapman, Austin Clark, Ethan Coldsmith, Jared DeCourcy, Allison Galante, Samuel Gosselin, Leah Hackett, Kaylin Hennessy, Owen Horton, Payton Hull, Daniel Johnson, James Le, Brady Lewis, Cassidy Lustenberger, Jillian Mallett, McKenzie MacDonald, Calynn Marcheterre, Victoria Merrill, Mackenzie Milbury, Madison

Milliken, Sophia Morang, Pacy Morgado, Brooke Needham, Lindsey Parents, Miriam Peck, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Luke Snyder, Olivia Sousa, Bella Tessier, Tyler Valdez, Alexa Williamson

EES PTO News

The Epping Elementary PTO would like to give a warm thanks to everyone for the most successful “*Breakfast with the Easter Bunny*” yet! From children to local businesses, everyone supported EES in an unbelievable way! Volunteers were also given special thanks from EES, the week of April 18th, through an assembly and special treats each day. A great way to celebrate *Volunteer Appreciation Week*!

During the first week of May, don’t forget to THANK your teacher...it’s *Teacher Appreciate Week*! The PTO will be sending little gifts throughout the week to teachers and we hope students will join in by creating a “thank you” card or drawing for their teachers.

Mondays: May 3rd and June 6th, mark our last two PTO meetings, in the EES Art room at 7 pm. Gifts and refreshments will be available, as well as free babysitting in the library. Throughout May and by May 31st, *Letters of Intent*, indicating wanting to become a PTO Officer for the next school year should be sent to PTO Secretary, Deb Deary deary3isd@hotmail.com. We will be voting for our new officers during the June meeting. Join in the fun.

We look forward to everyone joining us for our last large event, ***The June Carnival***; June 3rd beginning at 5:30 pm, behind EES.

It has been a successful year thus far and we look forward to ending with a bang!

***Like Us* at “EES PTO” on Facebook or check out our Web site at www.epping-PTO.com .**

Submitted by Bethany Marshall

Epping Middle School (EMS)

Mission–Raise Money for Red Nose Day

Red Nose Day is a special day to have fun, come together and make a difference for kids who need our help the most - here in the US and around the world. Red Nose Day globally has raised over \$1 billion in the past 25 years

Students can help by donating \$1 to the Red Nose Day Association. By doing this, they will receive a red nose and can participate in a “seriously silly” school picture on Red Nose Day

The first event is **Family Fun Day on April 30th**. Students will be helping those in need and can get “seriously silly.” The Fun Day will be held at the Epping Elementary School fields from 1:00 - 3:00 pm. The Fun Day will be complete with a bouncy house, games, contests, a selfie station with a green screen to create great family photos, a dunk tank, music and more. The entry fee of just \$1 will go to support Red Nose Day, a nationwide effort for people to come together to have fun, raise funds for children in need, and make a positive difference. In addition there will be a car wash, bake sale and raffles. This is a great event for the entire family, young and old, to relax, get your car washed and have fun while you’re at it. It’s time to get “seriously silly,” have tons of fun, and support a worthwhile charity.

By donating \$1, the students will be able to participate in one of the following fun days. By donating \$2, they’ll get to participate in both:

May 5 – Fun Hat Day – Wear a hat of your choice for the entire day.

May 20 – Fun Ice Cream Sundae Day – During lunch make a sundae of your choice

May 26 – Red Nose Day – Students will be given their red noses and will participate in a school photo showing their support for Red Nose Day.

EMS Youth and Government Travel to Our State Capital

Students from grades 6, 7 and 8 visited the state capitol to witness democracy in action. Joined by our advisors, students actively participated in delivering messages and working with our elected officials to experience hands-on life in politics. Many compliments were received referencing the character and quality of our participants. Special thanks to Sue McGeough and Don Bouchard for donating their time.



EMS Students head to Concord, NH to participate in the Youth in Government program

EMS Jazz Band Visits UNH!

On April 6th, the Epping Middle School Band performed at the University of New Hampshire as part of the NH Youth Band Concert. The EMS band was invited to open for the NH Youth Band, which is an ensemble comprised of middle and high school students from across New Hampshire. Our kids had an amazing performance and were able to watch quality music and have fun at a reception following the concert. Congratulations to the Epping Middle School Band on a fun and rewarding night!



EMS Band members perform at the University of New Hampshire Youth Band Concert!

Third Quarter Honor Roll

Grade Six

Highest Honors in Work Habits/Effort:

Kaitlyn Boelter, Jade Gagnon, Alexander Greubel, Elizabeth Hobbs, Michael Picard, Rachel Swanson, Morgan Witmer

Highest Honors in Learning:

Kaitlyn Boelter, Jade Gagnon, Alexander Greubel, Elizabeth Hobbs, Jacob Loving, Michael Picard, Morgan Witmer

Honors in Learning:

Sarah Brassil, Melissa Daigle, Bailey Fenstermacher, Ella Fenstermacher, Owen Finkelstein, Trey Finkelstein, Tylor George, Emily Kelly, Hailey Martin, Stamatis Maschas, Patrick McTague, David Meyer, Gregory Moulton, Kevin O'Connell, Zachary Orthman, Mikhail Ozols, Ryan Page, Aryana Patnaude, Cameron Philbrick,, Abigail Purchas, Zachary Rogers, Maxwell Simpson, Cavan Snell, Taylor Stelmach, Rachel Swanson, Molly Tessier, Jacklyn Tracy, Haley Williamson

Grade Seven

Highest Honors in Work Habits/Effort:

Jenna Needham, Abigail Walsh

Highest Honors in Learning:

Jenna Needham, Abigail Walsh

Honors in Learning:

Alexa Bade, Quinton Burleigh, Joshua Coolidge, Kendall Crenshaw, Isabelle Deary, Collin Finney, Nicholas Greubel, Alexa Guarente, Alyssa Higginbottom, Tayler Holt, Trevor Hovey, Ashlan Idell, Katrina Jennings, Scott Johnson, Gavin Kailey, Megan Lambert, Jack LePage, Erika MacLeod, Ryan MacVicar, Mackenzie McAniff, Dillon McKenzie, Peter McTague, Tyler Melton, Jack Meyer, Benjamin Milbury, Taya Morgado, Arianna Murphy, Meaghan Murphy, Emma O'Brien, Clair Raymond, Luke Rossel, Emma Roussel, Kate Roussel, Abigail Roy, Amara Stevens, Haleigh Sullivan, Sean Thornton Jr., Cassidy Wall, Martin Wallem, Madelin Walsh, Alexander Wyatt

Grade 8

Highest Honors in Work Habits/Effort:

Oakley Lustenberger, Laura Duguie, Joey Zheng

Highest Honors in Learning:

Laura Duguie, Olivia Parents, Joey Zheng

Honors in Learning:

Luke Barker, Mikayla Berger, Noah Bilodeau, Calle Bisailon, Avalon Brown, Lyndsey Chevalier, Reese Idell, Samantha Johnson, Keyghan Lewis, Trey Loving, Oakley Lustenberger, Karissa Martin, Hayden Miller, Ava Montalbano, Kayla Orthman, Hannah Priest, Isabella Snyder, Jacob Van Amburgh, Victor Waddell, Faith Williamson

Epping High School (EHS)

DAR Honors for Local High School Students



*Honored were from left: Erin Thompson, Sanborn Regional High, Kate Lietz of Exeter High, **Hunter Quist of Epping High**, Regent Carol Welch, Good Citizen Chairman Catherine Salter and Lauren Mosley of Newmarket High.*

Chapter Regent Carol Welch provided a "History of the DAR" before four local seniors were presented their Good Citizenship awards during the group's April 4th meeting held at Langdon Place. These four students were selected for their qualities of service, dependability, leadership and patriotism

in school and community. They were selected by a vote of faculty and fellow students at each of the four local high schools served by the Exeter Chapter, according to Barbara Moynihan, DAR spokesman. Each received a DAR certificate, a pin and a monetary award. Two very generous private donations permitted each winner to receive \$250. Good Citizen Chairman Catherine Salterio, assisted by chapter regent Carol Welch, presented the awards. Parents, family and friends also attended. This year's winners are: **Epping High School, Hunter Quist**; Exeter High School, Katherine Leitz; Newmarket High School, Lauren Mosley; and Sanborn Regional High School, Erin Thompson. Following the awards ceremony, winners, guests and chapter members were treated to refreshments provided by hostesses Destinee DiPrima, Jennifer Schlenker and Linda Biagini.

Quarter 3 Honor Roll

Epping High School announces its Honor Roll for Quarter 3 of the 2015/2016 school year. Congratulations to the following students:

Grade 9

Principal's List:

Mikayla Ball, Addison Bickford, Benjamin Fowler, Madison Downing, Meghan Galante, Marc Giudice, Brandon Hutchins, Gracia Jordan, Emilie Leblanc, Adam Lepage, Maya Martin, Rachel Martin, Alexis McDuffee, Destiny McKay, Allison Nee, Casey Needham, Jennifer Nikolova, Lily O'Connell, Shelby Prestridge, Julianna Re, Morgan Shanley, Abby Simard

Honors:

Valentinus Clark, Ashley Martin, Mackenzie Newman, Sarah Parenteau, Lauren Robbins

Honorable Mention:

Adria Bennett, Hunter Bullock, Benjamin Colban, Emily Jackson, Ryan Johnson, Christopher Peck

Grade 10

Principal's List;

Keelin Berger, Everett Brown, Jr., Evelyn Carleton, Emma Coolidge, Stephanie DiFrancesco, Konrad Hodgman, Rebecca Milbury, Katie Pelletier

Honors:

Veronica Hackett, Jay Idell, Kiley Lafond, Brendan Sacco

Honorable Mention:

Jacob Bisailon, Riley Brissette, Parker Holt, Victoria Maestas, Ryan Sylvain, Kayla Wells, Caleb West

Epping Calendar of Events for May 2016

April 30	Story Discoveries at the Rec. "May Day Cone Baskets" – 10:00 am
April 30	Red Nose Family Fun Day in EES Fields – 1:00-3:00 pm
May 2	EES PTO meeting – 7:00 pm
May 3	Knights of Columbus Blood Drive in St. Joseph Church Hall – 2:00-7:00 pm
May 4	EES Grade 4 Field Trip to NH State House and the NH Historical Society
May 3	EES Band and Chorus Field Trip to the Music Hall
May 5	EES Family night for Kindergarten to Grade 2 in multipurpose room – 6:30 pm
May 5	Epping School Board meeting in Epping Town Hall – 7:00 pm
May 5	Friends of the Library – 7:00 pm
May 7	Family Health and Fun Day at Epping Regional Health Center – 9:00 am - noon
May 7	Story Discoveries at the Rec "Mother's Day Hugs" – 10:00 am
May 7	Epping Community Church Food Pantry – 8:00-10:00 am
May 7	"Herring Aid" in Newmarket – 10:00 am - noon
May 8	American Legion Post 51 Sunday Breakfast Buffet – 9:00-1:30 am
May 8	Epping Garden Club meeting – 8:30 am
May 9	EES Grades 3-5 will meet with visiting Author Paul Durham
May 11	EES Unified Arts Showcase for Grades 4 and 5 – 6:00 – 8:00 pm
May 12	Epping Seniors meet at Watson Academy – 1:00 pm
May 12	Grade 5 Parents' Information Night at EMS – 6:30-7:30 pm
May 13	Abraham Lincoln by Steve Wood of Claremont at the Library – 7:00 pm
May 13	EMS Activity Night – 6:30-7:30 pm
May 14	Story Discoveries at the Rec "Lilacs and Caterpillars" – 10:00 am
May 14	Knights of Columbus Kids' Fishing Derby – 8:00-11:00 am
May 14	Epping Community Church Food Pantry – 8:00-10:00 am
May 14	Septic System information at Durham Public Library – 10:00 - noon
May 14,15	NH Sheep & Wool Festival at Deerfield Fairgrounds (Dot Perkins on 15 th – 11:00 am)
May 14, 15	Boy Scouts at Battleship Cove
May 17	275 th Birthday Bash Committee meeting at the Town Hall – 7:00 pm
May 17	Library Board of Trustees Meeting – 7:15 pm
May 18	EES Parents' Coffee and Conversation with Principal Vallone – 8:30-9:30 am
May 18	Cub Scout Pack Meeting at Epping Middle School – 6:30-7:30 pm
May 18	NO SCHOOL – Teacher Professional Development Day
May 19	Epping School Board meeting in Epping Town Hall – 7 pm
May 20	Cub Scout Museum of Science overnight
May 20	Civil War Roundtable 25 th Anniversary celebration with "Hardtacks" – 7:15 pm
May 21	Story Discoveries at the Rec. "Worm Week" – 10:00 am
May 21	Explorers Car Wash at Safety Complex – 8:00 am-noon
May 21	Epping Community Church Food Pantry – 8:00-10:00 am
May 21	Epping Community Church Dinner "Spaghetti and Meatballs" – 5:00-6:30 pm
May 24	Epping Lions Club meeting at the Library – 6:30 pm
May 25	EES Spring Concert for Grades 1, 2 and 3 in EMS Gym – 6:30 pm
May 26	EES Spring Concert for Band and Chorus in EMS Gym – 6:30 pm
May 26	Red Nose Day – Get Red Noses and participate in photo
May 28	Epping Community Church Food Pantry – 8:00-10:00 am
May 30	MEMORIAL DAY - PARADE - Town Hall and Library closed

Epping Calendar of Events for June 2016

Date	Event
June 1	Registration due for Summer Youth Golf Clinic at Twin Pines Driving Range
June 1, 2	EES Grade 4 Field Trip to Strawberry Banke and Gundalow Sail
June 2	Epping School Board meeting in Epping Town Hall – 7:00 pm
June 3	EES PTO Carnival behind EES beginning at 5:30 pm
June 4	American Red Cross Blood Drive at Epping Community Church
June 4	Epping Community Church Food Pantry – 8:00-10:00 am
June 6	EES PTO meeting – 7:00 pm
June 7	EES Field Day for Grades 3-5 (Rain date – June 10)
June 8	EES Field Day for Kindergarten, Grades 1 and 2 (Rain date – June 9)
June 9	EES Grade 5 Field Trip to Charlestown Navy Yard and Super Duck Tour in Boston
June 10	Epping High School Graduation
June 10-12	Boy Scouts PLC annual Planning and Kayaking Campout
June 11	Project Graduation Breakfast at Epping Community Church
June 11	Epping Community Church Food Pantry – 8:00-10:00 am
June 11	275 th Birthday Bash Progressive Dinner
June 12	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
June 12	Epping Garden Club Meeting - 8:30 am
June 13	EES Grade 1 Field Trip to York Wild Kingdom
June 14	Flag Day Ceremony at American Legion
June 14	EES Grade 3 Field Trip to SEE Science Center
June 15	Cub Scout Pack Meeting at Epping Middle School – 6:30-7:30 pm
June 16	Epping School Board meeting in Epping Town Hall – 7:00 pm
June 17	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
June 17	LAST DAY OF SCHOOL
June 17	EES Closing Ceremony and 5 th Grade Awards
June 18	Epping Community Church Food Pantry – 8:00-10:00 am
June 21	Library Board of Trustees Meeting – 7:15 pm
June 21	275 th Birthday Bash Committee meeting at the Town Hall – 7:00 pm
June 23	Epping Community Church Yard Sale – 7:00-11:00 am
June 24-26	Boy Scout Canoe Trip
June 25	Epping Community Church Food Pantry – 8:00-10:00 am
June 25	DEADLINE DATE for the July-August issue of the Newsletter
June 26	Lee 250 th celebration Family Paddle at Lee Canoe Launch – 1:00-3:00 pm
June 27	Wayne from Maine & Kunga Munga Man music concert in EES Gym – 10:30-11:30
June 28	Epping Lions Club meeting – 6:30 pm
September 6	<i>First Day of the 2016-2017 School Year</i>

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **June 25, 2016**. Please include the date, event name, location and time.